

ADULT VIRTUAL DAY ACTIVITIES

JOIN US FOR SOME VIRTUAL FUN!

WHEN:

Scheduled programming is available Monday through Friday starting August 4, 2020. Be sure to check the calendar for dates and times.

Through Bethesda's Facebook Page, there will be additional, pre-recorded activities available for you to access at your leisure.

facebook.com/BethesdaServices/

You will also be able to access the Calendar of events via Facebook or Bethesda's Publications page by clicking [here](#).

There will be interactive sessions, videos, games and plenty of activities for you to enjoy throughout the week.

Start out your day with Mike Gilmore with songs and adventures, bring your lunch and join in for a lunchroom chat, get your dabbers ready for Bingo and check the calendar for other games scheduled for that week. Explore our pre-recordings which include craft and cooking videos, Ted talks, YouTube videos, and much more!

Registration is required for some activities – see calendar for details.

Please email Diane Smith-Coomber at dsmith@bethesdaservices.com or by calling 905.684.6918 ext. 343

